WHO: Healthy girls age 10-13 who have not gotten their first period.

WHERE: Evanston Hospital. Located just off the Central CTA Purple line stop.

WHAT: We are doing a study of young women’s health around puberty. We are studying how menstruation affects bodily awareness.

The study involves a 3hr visit each year for 3 consecutive years. A parent or legal guardian is needed at the start of each visit.

Testing includes questionnaires, a bladder test for fullness, mild pressure tests, collection of saliva and urine samples, and measurement of heart rate, breathing rate, and brain activity.

COMPENSATION: Up to $400 in gift cards and parking validation. ($100 for each visit and additional compensation for filling out questionnaires at home)

CALL US AT 847-570-2622 TO LEARN MORE!

This research is being conducted by Dr. Frank Tu at NorthShore University HealthSystem, Walgreen’s Bldg, Evanston Hospital